



2017-2018

ANNUAL IMPACTS & OUTCOMES REPORT

LETTER FROM THE **CHAIRPERSON**

On behalf of the Staff and Board of Directors of Thrive, it is a pleasure to present the 2017-2018 Annual Report. With your support we have been able to realize remarkable achievements and innovations in our programs, services, and initiatives that translate to empowerment, safety, and bright futures for our participants.

Highlights this year include the launch of the Blue Door program. The Blue Door program offers support and services to individuals looking to exit the sex trade or sexually exploitative situations, and has been a tremendous success. Over twenty individuals have participated in the program so far.

The Coalition Against Sexual Exploitation of Youth (CASEY), a group of concerned professionals and experiential voices in the community that work together to address issues pertaining to the sexual exploitation of youth, developed a leadership process to support survivor voices and enhance leadership skills through the sharing of knowledge and experience.

Thrive was selected as the local charity for A Dollar a Day Foundation, which

supports front-line mental health and addictions programs. This financial support is critical to the success of our programs and services.

Our recently completed three year strategic plan looks inward to enhance our capacity to provide educational programming and individualized outreach supports to participants, and is reflective of our commitment to outcomes, impacts, and partnerships.

I would like to acknowledge the leadership provided by our Executive Director, Angela Crockwell, in making Thrive what it is today. I would also like to extend my sincere appreciation to the staff, volunteers, donors, government, and community partners for your commitment and support this past year.

We look forward to building on our achievements throughout 2018 and beyond. With your continued support we will continue to support the current and future needs of young people in our communities.

On behalf of the Board of Directors, thank you for your continued efforts and dedication.

Suzy Haghighi // Chairperson



OVERVIEW OF **PROGRAMS & SERVICES**

Blue Door provides intensive, holistic supports to individuals seeking to exit sex trade activities.

CASEY a coalition that provides awareness, training, and advocacy to address sexual exploitation of youth, and formally supports leadership opportunities for survivors.

Community Capacity Building provides resources, training, and information sharing to the broader community.

Education Initiatives offers a continuum of educational supports from foundational numeracy and literacy to GED Preparation and testing.

Leadership Development provides an annual leadership program for participants seeking to take on extra challenges.

Personal & Civic Engagement offers opportunities for participants to engage in civic society and personal growth opportunities.

Street Reach offers a continuum of supports including street based outreach, drop-in services and intensive one on one supports.

Velocity provides opportunities for participants to engage in outdoor and community based recreation activities, while receiving individualized supports and system navigation.

2017-2018 STATISTICS

AT A GLANCE



745 INDIVIDUAL PARTICIPANTS SUPPORTED



406 PARTICIPANTS WERE NEW TO THRIVE



6362 INDIVIDUAL SERVICES WERE PROVIDED IN ADDITION TO PROGRAMMING SERVICES



OVER **220** PROFESSIONALS TRAINED IN TRAUMA INFORMED PRACTICE



77 NALOXONE KITS DISTRIBUTED

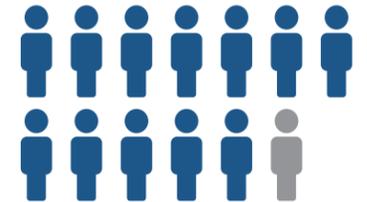
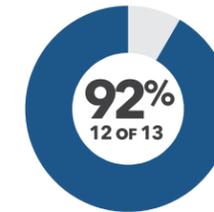


961 NEEDLES DISTRIBUTED WEEKLY TO PROMOTE HARM REDUCTION

PARTICIPANTS ARE BETTER EDUCATED & SKILLED

Youth report improved literacy and numeracy skills.

Youth have more positive attitudes toward learning and education.



12 of 13 (92%) current education program participants interviewed report that their attitude toward education/learning has become more positive since coming to Thrive.

Youth have gained credits toward/completed high school equivalency.

Youth are pursuing a wide range of educational goals.



7 youth received their Graduation Equivalency Diploma (GED).

A total of 57 GED sections were completed successfully by youth.



9 participants returned to school.

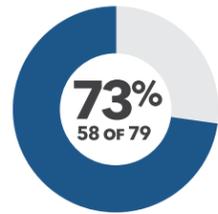
18 participants earned a Scotiabank stay in school award.

"I've had probably seven different tutors since grade nine that couldn't get through to me. I actually understand multiplication now. It's amazing."

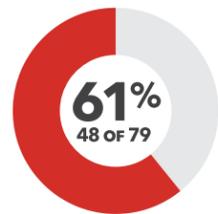
"I can focus so much better here. It really motivates me. In big classrooms in high school I couldn't focus at all."



PARTICIPANTS ARE EQUIPPED WITH **SOCIAL & LIFE SKILLS**



Participants report improved social skill.



Participants report they are making better decisions.

“

I talk to a lot more people here now than what I used to. I've learned to respect people better.

”

“This place makes me want to do better. Every day I choose not to use and not to go back into the sex industry. A Sobey's gift card helps, so I don't have to go out on a call to know I have food for my son.”

“Instead of getting angry and hitting things, they helped me be a better person and use my words”

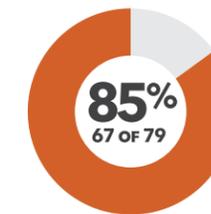


PARTICIPANTS HAVE A **SUPPORT NETWORK**

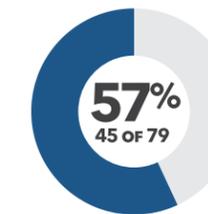
“

I'm reconnected now with my family. They can see a big change from when I was drinking and I had a bad temper.”

”



Participants report they have more positive people and supports around them.



Participants report better relationships with their friends, partner, family and others.

“They're teaching me to take more control over my own life instead of letting other people control me,”

“I'm able to set healthy boundaries with people. I just didn't know how to do it.”

“They've given me a sense of community.”

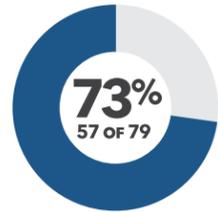
“Being here and doing the activities gives me something to talk about with my parents and at school.”

PARTICIPANTS ARE **SAFER & HEALTHIER**

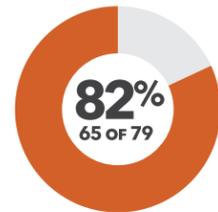
“

I just feel like I have a better handle on my mental health issues. I understand now what makes my anxiety better and what makes it worse

”



Participants have gained knowledge and skills to keep themselves safer.



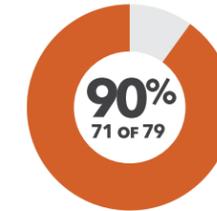
Participants report that Thrive has helped to provide them with basic necessities.

PARTICIPANTS HAVE A VISION **FOR THEIR FUTURE**

“

I'm hoping to go to college and make a good life for me and my daughter.”

”



Participants report that they have a plan or some next steps for moving their life forward.



“Having some goals is what gets me through the day.”

“I'm doing my GED now and I only have three tests left. Now I know I have a future and it's one that doesn't involve me being alone.”



“I was on opiates and to the dogs when I first came here. Everything has changed since that day. If it wasn't for this place, I'd be in jail or dead.”

“I was depressed and wouldn't do nothing. Now I'm having fun and getting out of the house.”

“I wasn't going to live until my next birthday. And here I am months later. Every day they help me stay alive. This is my safe space. Since being an adult, I have definitely not had that.”

“The workshops taught us about ways that we can deal with our stress.”

HIGHLIGHTS OF **SPECIAL EVENTS & PARTNERSHIPS**

CHRISTMAS STORE

Provided an opportunity for participants to shop for family & friends.

SOCIAL CIRCUS

Thanks to Danielle Knustgraichen for volunteering your time and expertise.

DOLLAR A DAY

Thrive was honored to be selected as the local charity.

CASEY EVOLVE

Providing opportunities to support survivor leadership.

BARBERS AT STREET REACH

Giving free haircuts and barbering services.

THREADS

Teaching Hope and Resilience through Art, Drama and Story. Group of creative individuals trying poetry styles, monologue writing, and talking about things that matter to them.

POINT IN TIME COUNT

Hosted a magnet event to help with the local homelessness count.

STEALING INNOCENCE

Collaboration with CBC to bring awareness to Sexual Exploitation.

BLUE DOOR LAUNCH

Program officially kicked off in May 2018.



Youth/participants are continuing their education post Thrive.



10 of 19 (53%)

former participants have continued their education and

5 (26%) are planning to continue.

Youth/participants report significant impact from their involvement with Thrive.

"They led me to Stella's Circle and the Front Step program. It gave me wings. Now I'm in a place that's wonderful. They were like a springboard that led me to a bunch of other services that improved my life."

PARTICIPANTS ARE THRIVING **BEYOND THRIVE**

Youth participants are finding employment opportunities post Thrive.



10 of 19 (53%)

of former participants interviewed have been employed since leaving Thrive.

4 are employed full time

5 are employed part time (2 in long term positions and working toward full time status)

1 does occasional part time/daily work



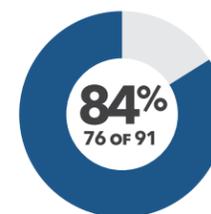
7 of 19 (37%)

former participants interviewed have completed work terms or done volunteer work since leaving Thrive.

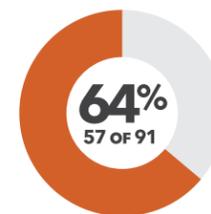
2 have completed work terms and

5 have done/are doing volunteer work

THE COMMUNITY HAS INCREASED CAPACITY TO **HELP YOUTH THRIVE**



76 service providers out of 91 (84%) said Thrive created greater awareness of services and resources in the community.



57 service providers out of 91 (64%) experienced increased opportunities for partnership and collaboration because of Thrive.

Funding partners also indicate a high level of satisfaction with Thrive, its staff team and its work.

"Overall, I'm really impressed with what they do with the resources they have. And with the professionalism and compassion of staff doing really hard work."

"Excellent organization - never satisfied with status quo; always striving for improvement in the lives of youth. Excellent leadership."



THANK YOU TO OUR FUNDERS

CORE FUNDERS

Eastern Health
Government of Canada
Government of Newfoundland & Labrador
Husky Energy
NL Housing Corporation

PROGRAM FUNDERS

CANFAR
United Way
Mount Pearl Youth Opportunity Fund
Ted Rogers' Fund
Verafin
City of St. John's
Shopper's Love You Foundation
100 Women Who Care
Sisters of Mercy Presentation
Sisters Education Fund
Canada Post

OTHER CORPORATE DONORS

RBC
Assante
NoBrainR Racing
Canadian Federation of University Women
Gil Ratcliffe Foundation
Interior Specialties
Equinor (Formerly Statoil)

Thrive would like to thank all our supporters for your financial and/or in kind donations. Your support allows us to meet youth where they are; help them get to where they want to go; and support them to become who they want to be.



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