

CASEY Video Discussion Guide

Sexual Exploitation of Youth

This document will provide an overview of the CASEY Video on Sexual Exploitation, and offer tips and suggestions for groups or individuals who will be showing this video to an audience.

CASEY Video

Discussion Guide

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1 About the Video

The video is 16 minutes in length and was produced in St. John's, Newfoundland & Labrador. The video includes factual information about sexual exploitation including risk factors, warning signs, and the grooming process. The video also contains the stories of young people who have experienced sexual exploitation in this province, along with opinions and viewpoints from three community representatives.

Intended audiences

Youth (Junior High level or older), parents, general public, and professionals working with youth.

2 Before previewing the video to any audience

This video is best used as part of a facilitated discussion. Please make sure whoever leads the session has watched the video, is familiar with the content and supports in the community.

Regardless of who the audience is, ensure there is an acknowledgement regarding the sensitivity of the content; also assume there could be someone in the room that has been personally affected by the issue of sexual exploitation.

Prior to the session, identify experienced individual(s) who are available in your area to provide follow-up support; provide this information to all participants before viewing the video.

Encourage people to take care of themselves as they watch the video; let them know it's okay to leave the room during the session.

CASEY is a coalition of various community groups, government services, and interested individuals who work collaboratively to address issues relating to the sexual exploitation of youth.

CASEY is sponsored by Thrive (formerly CYN St. John's)

For More Information on CASEY please call (709)754-0536 or visit www.thrivecyn.ca

3 Debriefing

After watching the video it is important to allow time for people to debrief what they have just heard and seen. Therefore it is important to allow a minimum of 20-30 minutes for a debriefing session.

Individuals may disclose a personal experience with the issue during the session. Be prepared to provide some support at that time, along with contact information for follow-up services.

If you are leading a discussion on the video / topic of sexual exploitation it is important to remember these key points:

- If you are uncomfortable speaking about issues of sex, sexuality, or sexual exploitation, your discomfort will translate into the group. Please get the information and support you need to be comfortable with the subject matter before you lead a session.
- Often youth who experience sexual exploitation are judged for their choices / lifestyle. Throughout the discussions, be clear that sexual exploitation is not a choice, it is abuse. Be very sure that all statements that place any judgment or blame on victims are challenged in a respectful manner.
- Language is important when discussing this issue. The word prostitute is often used to speak about youth or adults who are involved in the sex trade. However, this term is not appropriate. Instead, use the phrase **'youth who is sexually exploited'** when referring to a young person and **'sex trade worker'** when referring to adults.
- You don't need to have all the answers, or know everything there is to know about this topic to lead a discussion. Just be clear about what you do know and don't answer questions if you are not sure of the answers.
- Encourage participants to contact the services listed on the contact card/list for more information and support.

4 Discussion questions/ starters

Here's are a list of questions that may be helpful in facilitating a follow up discussion on this video

1. Were you surprised by anything you saw or heard in the video?
2. Ask each question that was included in the video – it's an excellent way to have the group summarize the information shared in each section of the video, and to add their own thoughts and perspectives
 - i) What are some forms of sexual exploitation? What does sexual exploitation look like in our community?
 - ii) What are some factors that put people at risk for being sexually exploited?
 - iii) What are some things people do to lure or groom youth into sex trade activities?
 - iv) What are some possible signs that someone is being sexually exploited?
3. What can we do to help stop sexual exploitation in our neighborhood/school/Community?
4. Where is this happening in your community/ neighborhood/ city?
5. Do you know someone who is at risk of sexual exploitation?
 - i) What can our community do to help the young person?
 - ii) What can you do to help the young person?
6. Did you think that sexual exploitation was only a female issue before watching the video? What are your thoughts on this now?
7. Has this video changed your understanding of sexual exploitation? If so, how?
8. How will you share the messages and information contained in this video with others?

5 Offering follow up support / contact information

Individuals may want to talk to someone about this issue after they watch the video. It's very important to provide everyone with a list of support services in their area before your session ends.

St. John's Metro Area: Street Reach contact cards were included with this video; please pass them out to participants at the start of the session. This information is also printed on the back page of this handout. Please make copies for participants if you don't have enough contact cards.

Outside St. John's: Prior to the session, prepare a contact list of your local resources and make enough copies for the participants. The provincial government's Violence Prevention Initiative web page provides a listing of services by region, and can be an excellent resource, check them out at www.gov.nl.ca/VPI/gethelp/index.html

6 Want CASEY members to present or co-present?

CASEY can provide a custom presentation to a variety of audiences. CASEY presentations generally include more detailed information about sexual exploitation, understanding the grooming process, risk factors and warning signs, and some context to what is happening in the St. John's metro area. If you would like a CASEY member(s) to present to your organization or event please call Thrive at (709) 754-0536.

7 Resource List

Emergency

Emergency (medical/police/ fire)	911
RNC (Info/complaints)	(709)729-8000

Support (after hours/ 24 hours)

Crisis Centre	1-888-737-4668
Sexual Assault Crisis Centre	1-800-726-2743
Sexual assault Nurse Examiner Program	777-5501
Income support (HRLE) after hrs on call(18-64 yrs)	729-7888
Short Stay Assessment Unit	777-3022
On Call Social Worker (15 years and under)	724-9016

Support (regular hours)

Rowan Centre (12-18 yrs)	752-4929
Recovery Centre	752-4980
Addiction Services	752-4919
Alcoholics Anonymous (AA)	579-6091
Narcotics Anonymous (NA)	579-4290
Cocaine Anonymous (CA)	763-0528
SWAP (needle exchange)	757-7927
Youth & Family Services (16-18yrs)	752-4160
Children's Protection Services	752-4619
Street Reach	754-0841 (office) 743-2536 (cell)
Thrive	754-0536
Choices for Youth	754-3047
Planned Parenthood	1-877-666-9847
AIDS Committee of NL	1-800-563-1575

Shelters

Choices for Youth (male 16-29 yrs.)	757-3050
Wiseman Centre (males 30-64)	739-8355
Naomi Centre (female 16-29)	579-8432
Iris Kirby (women & Children)	753-1492
Tommy Sexton Shelter	579-8348
Shawnaditit Shelter	726-5970

Meals/Food Banks

Street Reach Meal	Gower Street United Church
Wed 12-1:30pm	754-0841
The Gathering Place	172 Military Road
Meals Mon-Fri 11 – 1:15	753-3234
George Street United	George Street
Meal Fri 9:30 – 12:30	726-8775
Bridges to Hope Food Bank	39 Cookstown Rd
Tues (11-1) Wed-Fri (10-1)	722-9225
Emmanuel House Food Bank	Bonaventure Ave
Mon-Fri 1-3pm	753-6380